



Fall OSMKKF Workshop 2018

Featuring Kyoshi Loren Engelby- 8th Dan
October 26th, 27th and 28th Friday, Saturday and Sunday

THIS IS A GREAT TIME TO MEET AND TRAIN WITH OUR TEACHER.

PLEASE SUPPORT YOUR DOJOS BY MAKING ARRANGEMENTS TO BE AT **BOTH** DAYS.

DUE TO THE DISTANCE OF TRAVEL AND THE FACT THAT KYOSHI ENGELBY HAS NOT HAD THE OPPORTUNITY TO TRAIN WITH MOST OF US, THESE WILL LIKELY BE LONGER TRAINING DAYS THAN WE WOULD NORMALLY HAVE SO BE PREPARED. THE PACE OF THE TRAINING WILL LIKELY BE MORE LAYED BACK AND SOME WHAT TECHNICAL IN NATURE. DO NOT HOWEVER FORGET TO USE PROPER PROTOCOL AT ALL TIMES. REMEMBER WE ARE ALL REPRESENTING OUR SCHOOLS AND OUR TEACHER.

***Cost of the entire two days of training \$40.00 family \$60.00*
\$5.00 late fee if not submitted by October 1st.**

******Please submit release and payment by Oct 1st******

Friday (Black Belt ONLY)

Saturday

Sunday

<i>In Orland</i>	<i>At Bangor Housing Gym</i>	<i>In Orrington</i>
5:30 Arrival/Line up 6:00-9:00 Black belt Basics Tuite applications/Bunkai <u>Kata practice:</u> Chinto/Jion- Sandans Gojushiho- Yondans Kusanku-Godans	8:30 Arrival /Line up stretching 9:00am-12:00 - Basics exercises, Kata review, prep for testing 12:00-1:00 Lunch 1:30-2:00 warm ups 2:00-5:30 Testing 6:00 group photos 6:45 Dysart's on Broadway	8:30 -Arrival /Line up stretching 9:00am-10:00am-Basics 9:30-10:30- New Katas 10:30-12:00 Kyoshi's Floor 12:45 Farewell Dinner/Coach House

MAINE TRADITIONAL KARATE, LLC
ORRINGTON DOJO/ ORLAND DOJO

2018 RELEASE:

The undersigned participant ("Participant") in consideration of being permitted to participate training and educational programs and all other activities associated with the study of karate and the Martial Arts conducted by Master Fusei Kise, Supreme Instructor Isao Kise, Hanshi John Shipes, **Kyoshi Loren Engelby**, Steve Apsega, Stan Leach, and other black belt certified instructors of Shorin- Ryu Schools of Karate, ("the Instructors"), having a principal place of study and the courses conducted at 136 River Road, Orrington 398 Blue Ridge Rd Orland, 17 School Street, Bangor Housing Gymnasium for himself/herself, his/her spouse, his/her minor child, legal representatives, heirs, employees, and assigns, does hereby fully and forever release and waive any right with respect to any and all loss or damage and any claim of damages resulting from participation, training, competing, demonstration, and any other activity, passive or active, as part of the Karate and Martial Arts programs including but not limited to for injury to Participant's person or property, even injury resulting in death of participant, whether caused by the negligence of the instructors or otherwise. Participant acknowledges that Karate and the Martial Arts is a physically dangerous activity and accepts full responsibility for any injury that might result from participating in this activity.

Participant agrees to indemnify the Instructors and each of them from any loss, liability, damage, or cost they may incur due to the presence of Participant in or upon the premises where the classes are taught and/or competitions or demonstrations are held whether caused by the negligence of the Instructors or otherwise.

Participant hereby assumes full responsibility for the risk of bodily injury, death, or property damage due to the negligence of the Instructors or otherwise while in or upon the premises where the classes are taught and/or competitions are held while competing, officiating in, working, or for any purpose participating in the activity of Karate and the Martial Arts and/or competitions or demonstrations stemming therefrom.

Participant expressly agrees that this release, waiver, and indemnity agreement is intended to be as broad and inclusive as permitted by the laws of the State of Maine, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Participant states that he/she is eighteen (18) years of age or older. If participant is not eighteen years or older, this release must be signed by Participant's parent or legal guardian.

Participant states that he/she has carefully read the foregoing release and knows the contents thereof and signs this release as his/her own free act.

IN WITNESS WHEREOF, _____ (print name of student) Participant

has executed this release at the Orrington Dojo, Maine on ___/___/___ date.

I HAVE CAREFULLY READ THE FOREGOING RELEASE AND KNOWING THE CONTENTS THEREOF SIGN THIS RELEASE IN BEHALF OF SELF OR MINOR CHILD WHOM IS THE STUDENT OF THIS ORGANIZATION.

Phone # _____ E-Mail _____

Address _____

Signature of student (Participant)

Birth Date _____

Emergency Contact _____ Phone _____

(PARENT/GUARDIAN IF STUDENT IS UNDER THE AGE 18.)

List of any Medical Conditions _____