



OSMKKF MAINE CAMP 2023

Hanshi John Shipes~ 9th Dan

Kyoshi Loren Engelby~ 8th Dan

September 29th, September 30th, October 1st, Friday, Saturday and Sunday

THIS IS A GREAT TIME TO MEET AND TRAIN WITH OUR TEACHER.

PLEASE SUPPORT YOUR DOJOS BY MAKING ARRANGEMENTS TO BE AT **BOTH DAYS.**

DUE TO THE DISTANCE OF TRAVEL AND THE FACT THAT HANSHI JOHN SHIPES HAS NOT HAD THE OPPORTUNITY TO TRAIN WITH MOST OF US, THESE WILL LIKELY BE LONGER TRAINING DAYS THAN WE WOULD NORMALLY HAVE SO BE PREPARED. THE PACE OF THE TRAINING WILL LIKELY BE MORE LAYED BACK AND SOME WHAT TECHNICAL IN NATURE. DO NOT HOWEVER FORGET TO USE PROPER PROTOCOL AT ALL TIMES. REMEMBER WE ARE ALL REPRESENTING OUR SCHOOLS AND OUR TEACHER.

Cost of the entire two and/or three days of training \$75.00 family \$90.00

Other OSMKKF members \$125.00

Little Samurai students pay \$30.00 to workout with Hanshi exclusively

*****Please submit ONLINE REGISTRATION and payment by September 1st*****

Any registrations after this date will not be guaranteed a T-shirt at Camp!

Friday/Orland

Saturday/Brewer Auditorium

Sunday/Orrington

<p>5:30 pm Arrival/Line up</p> <p>6:00pm-9:00pm</p> <ul style="list-style-type: none"> • Black Belt Basics • Kata practice • Ippone Kumite • Tuite 	<p>8:30am Arrival /Line up</p> <p>9:00 am-12:00 – Basics exercises, Kata, testing</p> <p>12:00pm-1:30 pm-Lunch</p> <p>1:30 pm-3:30 pm -Kobudo</p> <p>3:45pm-5:00pm (learn Sepai)</p> <p>5:00 pm group photos</p> <p>6:00 PM Dinner!! TBD</p>	<p>8:30-Arrival /Line up</p> <p>9:00am-9:30am-Basics</p> <p>9:30-12:00- TUIDE/KALI DRILLS</p> <p>LUNCH</p> <p>Little Samurai Club</p> <p>1:30pm-2:30pm</p> <p>MEETING FOR CERTIFIED INSTRUCTORS & TITLE HOLDERS ONLY</p>
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