

拳 真 館 MAINE

OSMKKF Workshop 2026

Hanshi John Shipes- 9th Dan
October 9th-11th Friday, Saturday and Sunday

THIS IS A GREAT TIME TO MEET AND TRAIN WITH OUR TEACHER.

PLEASE SUPPORT YOUR DOJOS BY MAKING ARRANGEMENTS TO BE AT **BOTH DAYS.**

DUE TO THE DISTANCE OF TRAVEL, AND THE FACT THAT HANSHI JOHN SHIPES HAS NOT HAD THE OPPORTUNITY TO TRAIN WITH MOST OF US, THESE WILL LIKELY BE LONGER TRAINING DAYS THAN NORMAL. SO, PLEASE COME PREPARED TO LEARN A LOT. THE PACE OF THE TRAINING WILL LIKELY BE MORE LAYED BACK, AND SOME WHAT TECHNICAL IN NATURE. DO NOT HOWEVER FORGET TO USE PROPER PROTOCOL AT ALL TIMES. REMEMBER WE ARE ALL REPRESENTING OUR SCHOOLS AND OUR TEACHER.

Cost of the entire two and/or three days of training - \$85.00 for a single student

\$120.00 per family (2 or more students)

Other OSMKKF members \$125.00

******Please submit online registration and payment by September 15th******

Any registrations after this date will not be guaranteed a T-shirt!

Friday/Orland

Saturday/Brewer Auditorium

Sunday/Orrington

<u>OSMKKF Members Only</u> 6:30pm-9:30pm • Black Belt Basics • Sai-Tai-Sai review • Sai-Tai-Bo review • Kata Practice	<u>OSMKKF Members Only</u> 8:30am Arrival /Line up 9:00 am-12:00 – Basics exercises and Kata (new kata-rank specific) 12:00pm-1:30 pm-Lunch 1:30 pm-4:30 pm -Kobudo (new kata -rank specific) 4:45pm-5:00 pm group photos 6:00 PM Dinner!! TBD	<u>OSMKKF Members Only</u> 8:30-Arrival /Line up 9:00am-9:30am-Basics TUITE WITH HANSHI 12:00pm-1:30pm Lunch 1:30pm-4:30 Special Training Sai-Tai-Sai & Sai-Tai-Bo eligible green belts and above
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